

## Novena to Our Lady Undo-er of Knots: DAY TWO



1. We make the sign of the Cross + : In the Name of the Father, and the Son, and the Holy Spirit.

2. We prepare our thoughts to make the Act of Contrition, we ask pardon for our sins, and we make a firm promise to try, with God's help, not to commit them again.

***Oh my God I am heartily for having offended You. I detest all my sins because I know that they separate me from You, taking me to the hell of being away from that Communion with You which is Heaven.***

***I am truly sorry for having offended You, oh loving God, Who for Your goodness is deserving of all my love.***

***I firmly resolve, with the help of Your grace, to confess my sins, to do penance, and to amend my life. This I ask through Jesus Christ my Friend and Redeemer.***

**3. We pray The Angelus:**

V. The Angel of the Lord declared unto Mary,  
R. And she conceived of the Holy Spirit.

Hail Mary, etc...

V. Behold the handmaid of the Lord.  
R. Be it done unto me according to Your Word.

Hail Mary, etc...

V. And the Word was made flesh,  
R. And dwelt among us.

Hail Mary, etc...

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech You, O Lord,  
Your Grace into our hearts;  
that as we have known the incarnation of Christ,  
your Son by the message of an angel,  
so by His passion and cross  
we may be brought to the glory of His Resurrection.  
Through the same Christ, our Lord.

4. Gospel Prayer: We ask Our Lady of Good Success [Our Lady of Aberdeen] to help us understand and come close to the Gospel Story, as we place ourselves beside the disciples.

**Matthew 10:1-7**

*Jesus summoned his twelve disciples, and gave them authority over unclean spirits with power to cast them out and to cure all kinds of diseases and sickness.*

*These are the names of the twelve apostles: first, Simon who is called Peter, and his brother Andrew; James the son of Zebedee, and his brother John; Philip and Bartholomew; Thomas, and Matthew the tax collector; James the son of Alphaeus, and Thaddaeus; Simon the Zealot and Judas Iscariot, the one who was to betray him. These twelve Jesus sent out, instructing them as follows:*

*'Do not turn your steps to pagan territory, and do not enter any Samaritan town; go rather to the lost sheep of the House of Israel. And as you go, proclaim that the kingdom of heaven is close at hand.'*

(The Apostles- the Apostolic Church has authority to drive out evil)

Recollecting the place and the people, all those disciples, and The Twelve chosen and given responsibility to bring healing of mind, body and spirit to all mankind. The whole Church is empowered - do we value our own authority to speak and to act/ do we sense the urgency of ' the kingdom of heaven is close at hand ?

5. We pray for the assistance of Our Lady Un-doer of Knots :

Dearest Holy Mother, Most Holy Mary, you undo the knots that suffocate your children. Extend your merciful hands to me. I entrust to You today the knots in my life.....and in the lives of those for whom I pray..... Holy Mother help us to resolve the negative consequences of our 'knotted lives'.

Mary, Un-doer of Knots, pray for me, and for my intention.....

Virgin Mary, Mother of fair love,

Mother who never refuses to come to the aid of a child in need,

Mother you never cease to serve your beloved children, you are moved by the divine love and the immense mercy that exists in your heart, cast your compassionate eyes upon me, and those for whom I pray...You can see the snarl of knots that exist in our lives.

You know how desperate our pain is, and how we are bound by these knots.

Mary, Mother, to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life.

In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today these knots that bind us..... [Mention your request here]

Holy Mary, Mother of God, you are my hope: you are a consolation given by God, you fortify my feeble strength, and, with your Son Jesus Christ, set us free from our selfish pre-occupations.

Hear my plea Oh Mary, Loving Mother: Keep me; Guide me; Protect me; be for me a safe Refuge in sorrow and in distress.

Mary, Undo-er of Knots, pray for me.

6. We pray one Decade of the Rosary recalling the Cenacolo Community uniting our prayers with theirs at the house of Cenacolo in Saluzzo, Italy, and with Sr Elvira the Founder.



### **One Glorious Mystery: The Resurrection of The Lord Jesus**

Dear Jesus, After three days in the tomb, you rose from the dead. You strengthened and encouraged us, by Your Resurrection. Your faithful disciples gained insight into the Scriptures and knew you again and again in shared meals. God in Christ you are

powerful and capable of resolving all our problems, and no one should live in fear or desperation. Jesus bring your healing Love to a world that is sad and lost.

## **Our Father**

Hail Mary...X10

Glory be to the Father...

**Hail, Holy Queen, Mother of Mercy,**  
our life, our sweetness and our hope.  
To you do we cry,  
poor banished children of Eve.  
To you do we send up our sighs,  
mourning and weeping in this valley of tears  
Turn then, most gracious advocate,  
your eyes of mercy toward us,  
and after this exile  
show unto us the blessed fruit of thy womb,  
Jesus.  
O clement, O loving,  
O sweet Virgin Mary.

## **Holy Cross**

I adore you Holy Cross, that you were adorned with the Most Sacred Body of my Lord, covered and coloured with His most Precious Blood.

I adore you my God, placed on the Cross for me. I adore you, Holy Cross, for the love of the One, Jesus, who is my Lord. Amen.

## **Angel of God**

Angel of God, dear guardian angel, committed by God's love to be here at my side, be with me throughout this day, to light, to guard, to rule and to guide me. Amen.  
St. Joseph, we thank you and we pray for assistance to provide for The Cenacolo Community throughout the world.

Lord, make me a docile and humble instrument in Your hands, to know and welcome your will for me today. Amen. Alleluia.

***May Jesus Christ be praised, now and forever.***

## 6. Prayer to Our Lady the Undo-er of Knots

Holy Mary replete with God's presence during the days of your life, you accepted with humility the Father's will, and the devil was never able to tie you up with his confusion.



On one occasion, at Cana, you interceded with your Son for our difficulties, and full of kindness and patience, you gave us an example of how to untie the knots in our life: by listening to your Son and doing what he tells us. By remaining forever Our Mother, you help us to order our thoughts and prayers to make clear the cords of affection that link us to the Lord.

Holy Mother, Mother of God and our Mother, you untie, with a motherly heart, the knots of our life, we pray to you to receive into your caring hands those for whom we pray, myself, and free also ...[him/her/them] of the knots and confusion which hold us captive.

Our Lady Mary, by your grace, your intercession, and by your example deliver us from all evil, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things. Mary, assist us to have our hearts placed in Him that we may serve Him always in our brothers and sisters. We make our Personal Offering, in the Prayer of St Ignatius Loyola:

**T**each us, Good Lord  
**T**o serve you as you deserve.  
**T**o give and not count the cost.  
**T**o fight and not heed the wounds.  
**T**o toil and not to seek for rest  
**T**o labour and not to ask for any reward  
**E**xcept that of knowing that we do Your Will.  
**T**hrough Jesus Christ our Lord,  
**A**men, Alleluia, Amen  
**P**raise God Always !! Alleluia,

