

## Novena to Our Lady Undo-er of Knots: DAY EIGHT



1. We make the sign of the Cross +: In the Name of the Father, and the Son, and the Holy Spirit.
2. We prepare our thoughts to make the Act of Contrition, we ask pardon for our sins, and we make a firm promise to try, with God's help, not to commit them again.

***Oh my God I am heartily for having offended You. I detest all my sins because I know that they separate me from You, taking me to the hell of being away from that Communion with You which is Heaven.***

***I am truly sorry for having offended You, oh loving God, Who for Your goodness is deserving of all my love.***

***I firmly resolve, with the help of Your grace, to confess my sins, to do penance, and to amend my life. This I ask through Jesus Christ my Friend and Redeemer.***

### **3. We pray The Angelus:**

V. The Angel of the Lord declared unto Mary,

R. And she conceived of the Holy Spirit.

Hail Mary, etc...

V. Behold the handmaid of the Lord.

R. Be it done unto me according to Your Word.

Hail Mary, etc...

V. And the Word was made flesh,

R. And dwelt among us.

Hail Mary, etc...

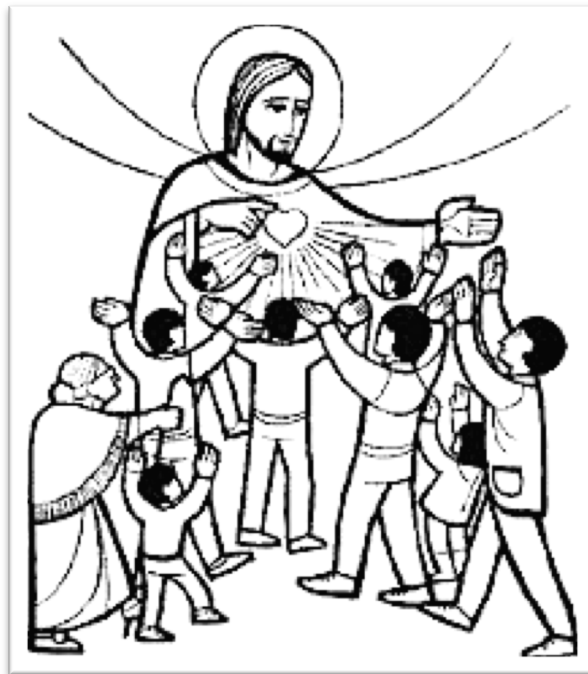
V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech You, O Lord,  
Your Grace into our hearts;  
that as we have known the incarnation of Christ,  
your Son by the message of an angel,  
so by His passion and cross  
we may be brought to the glory of His Resurrection.  
Through the same Christ, our Lord.

4. Gospel Prayer: We ask Our Lady of Good Success [Our Lady of Aberdeen] to help us understand and come close to the Gospel Story.



He continues to call and to teach, yet how many lapse from the faith of their youth.

***Jesus began to reproach the towns in which most of his miracles had been worked, because they refused to repent.***

***'Alas for you, Chorazin! Alas for you, Bethsaida! For if the miracles done in you had been done in Tyre and Sidon, they would have repented long ago in sackcloth and ashes. And still, I tell you that it will not go as hard on Judgement day with Tyre and Sidon as with you. And as for you, Capernaum, did you want to be exalted as high as heaven? You shall be thrown down to hell. For if the miracles done in you had been done in Sodom, it would have been standing yet. And still, I tell you that it will not go as hard with the land of Sodom on Judgement day as with you.'***

Jesus taught about the kingdom of God and proclaimed a message of healing and conversion, but his teaching and powerful deeds were not always accepted. He rebukes the people of Chorazin, Bethsaida and Capernaum for not being open to the fruits of his mission, making them reflect on how they were losing out on what God was offering them.

Do I notice the ways in which the teaching of Jesus is actively having an effect in my life? I pray that I may grow in the riches of faith – giving thanks and gratitude for the gifts freely given to me and opening myself more to God's Grace.

## 5. We pray for the assistance of Our Lady Undo-er of Knots

Dearest

Holy Mother, Most Holy Mary, you undo the knots that suffocate your children. Extend your merciful hands to me. I entrust to You today the knots in my life.....and in the lives of those for whom I pray..... Holy Mother help us to resolve the negative consequences of our 'knotted lives'.

Mary, Un-doer of Knots, pray for me, and for my intention.....

Virgin Mary, Mother of fair love,

Mother who never refuses to come to the aid of a child in need,

Mother you never cease to serve your beloved children, you are moved by the divine love and the immense mercy that exists in your heart, cast your compassionate eyes upon me, and those for whom I pray... You can see the snarl of knots that exist in our lives.

You know how desperate our pain is, and how we are bound by these knots.

Mary, Mother, to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life.

In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today these knots that bind us..... [Mention your request here]

Holy Mary, Mother of God, you are my hope: you are a consolation given by God, you fortify my feeble strength, and, with your Son Jesus Christ, set us free from our selfish pre-occupations.

Hear my plea Oh Mary, Loving Mother : Keep me; Guide me; Protect me; be for me a safe Refuge in sorrow and in distress.

Mary, Undo-er of Knots, pray for me.

6. We pray one Decade of the Rosary recalling the Cenacolo Community uniting our prayers with everyone at the house of Cenacolo at Medjugorje in Bosnia Herzegovina.



In the Chapel of the Community “Cenacolo” in Medjugorje there is a huge icon called “*Christ’s descent into Hell*”. It is an interpretation of a traditional theme in Orthodox Christian iconography: The Risen Lord descends into the underworld to bring new life to those who have died. In the icon, the gates of Hell have been broken and torn apart. The power of death has been destroyed through the life-giving Passion, Death and Resurrection of Jesus.

In the icon, Jesus is reaching out to Adam and Eve and he is pulling them out of the grave. His life-giving Grace is offered to all humankind, even back to the beginnings of humanity.

The Cenacolo icon was painted by three young men from the Community. None of them had any artistic training. Their work was a labour of duty, devotion and love. The process of creating the icon mirrored their struggle to overcome the bonds of addiction and abandonment which had robbed them of so much life. From the very little, which they felt they had when they entered Cenacolo, they embarked on creating a huge and inspiring work of art: a celebration of the Resurrection, which in itself became a symbol of their own resurrection.

In May 2019 Pope Francis authorised pilgrimages to Medjugorje, which can now be officially organised by dioceses and parishes. The Holy See Press Office, has said: “Considering the considerable flow of people who go to Medjugorje and the abundant fruits of grace that have sprung from it, this authorisation is part of the particular pastoral attention that the Holy Father intended to give to that reality, aimed at encouraging and promoting the fruits of good”.

Perhaps this could be an appropriate Visitation for some?

## One Joyful Mystery: THE VISITATION OF MARY TO ELIZABETH



How did Elizabeth herself know what had happened to Our Lady? What made her realize that this little cousin, who was so familiar to her, was the mother of her God?

She knew it by the child within herself, by the quickening into life which was a leap of joy.

If we practice this contemplation taught and shown to us by Our Lady, we will find that our experience is like hers.

If Christ is growing in us, if we are at peace, recollected, because we know that however insignificant our life seems to be, from it He is forming Himself; if we go with eager wills, "in haste," to wherever our circumstances compel us, because we believe that He desires to be in that place, we shall find that we are driven more and more to act on the impulse of His love.

And the answer we shall get from others to those impulses will be an awakening into life, or the leap into joy of the already wakened life within them.

Excerpted from *The Reed of God*, Caryll Houselander

### **Our Father**

Hail Mary...X10

Glory be to the Father...

**Hail, Holy Queen, Mother of Mercy,**  
our life, our sweetness and our hope.

To you do we cry,  
poor banished children of Eve.

To you do we send up our sighs,

mourning and weeping in this valley of tears  
Turn then, most gracious advocate,  
your eyes of mercy toward us,  
and after this exile  
show unto us the blessed fruit of thy womb,  
Jesus.  
O clement, O loving,  
O sweet Virgin Mary.

**Holy Cross** I adore you Holy Cross, that you were adorned with the Most Sacred Body of my Lord, covered and coloured with His most Precious Blood. I adore you my God, placed on the Cross for me. I adore you, Holy Cross, for the love of the One, Jesus, who is my Lord.

**Angel of God** Angel of God, dear guardian angel, committed by God's love to be here at my side, be with me throughout this day, to light, to guard, to rule and to guide me.

St. Joseph, we thank you and we pray for assistance to provide for The Cenacolo Community throughout the world.

Lord, make me a docile and humble instrument in Your hands, to know and welcome your will for me today. Amen. Alleluia.

***May Jesus Christ be praised, now and forever.***

## 6. Prayer to Our Lady the Undo-er of Knots

Holy Mary replete with God's presence during the days of your life, you accepted with humility the Father's will, and the devil was never able to tie you up with his confusion.



You heard the word of God through the message of Gabriel, and your assent opened your life to all God's creative power. The Word of God took flesh and became one with us, God-with-us Emmanuel. Mary you pondered all these mysteries in your heart, and your life fully expressed the Divine will. Help us we pray to say 'yes' to God's creative Love in our lives, so that we may grow in strength and faith.

Holy Mother, Mother of God and our Mother, you untie, with a motherly heart, the knots of our life, we pray to you to receive into your caring hands those for

whom we pray, myself, and free also ...[him/her/them] of the knots and confusion which hold us captive.

Our Lady Mary, by your grace, your intercession, and by your example deliver us from all evil, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things. Mary, assist us to have our hearts placed in Him, that we may serve Him always in our brothers and sisters.

We make our Personal Offering, in the Prayer of St Ignatius Loyola:

**Teach us, Good Lord**

**To serve you as you deserve.**

**To give and not count the cost.**

**To fight and not heed the wounds.**

**To toil and not to seek for rest**

**To labour and not to ask for any reward**

**Except that of knowing that we do Your Will.**

**Through Jesus Christ our Lord,**

**Amen, Alleluia, Amen**

**Praise God Always !! Alleluia,**

