

Peace: Reconciled: Restored: Empowered St John 20. 19-20

'On the evening of the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, "Peace be with you." After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you.

Reflection: Fearful men, isolated in their fear are given new hope when they experience the Peace of the Presence of Jesus. He reconciles their failures, and he lifts them up, empowering them for service. Jesus said, "Blessed are the peacemakers, because they will be called sons of God" (Matt. 5:9). In a world that is ugly with bigotry, violence, and racial hatred, Jesus asks us to be peacemakers.

We remember that peace in the Hebrew and Christian understanding is always based on justice and righteousness, moral integrity If we watch and contemplate the heart of Jesus, he will ensure that our heart is freed from hatred and indifference. Then we will know how to react as Christians to the pain and sufferings of others.

Shalom, Peace with Justice, and Moral Integrity: in the Heart of Jesus.

+ In the name of the Father, and the Son, and the Holy Spirit. Amen.

O my Jesus, you have said: "Truly I say to you, ask and you will receive, seek and you will find, knock and it will be opened to you." Here I am, knocking on the door of your Heart, seeking and asking.

Our Father, Who art in Heaven,

Hail Mary, Full of Grace,

Glory be to

Sacred Heart of Jesus, I place all my trust in you.

Lord Jesus Christ, your heart was moved with love for the men and women who came for help in their need. You healed the sick, you fed the hungry, you forgave sinners, you cried over Jerusalem. Above all, you showed to those who were prepared to listen the way to true life, for you are the Way, the Truth, and the Life.

Lord, your heart is still moved today by your people and their many needs. Open our hearts to hear your word, to accept your love, and to respond to your call. In particular, I beg you to grant me the favour I ask during this novena (*make your request silently*)...I pray that this will contribute to my own eternal good and to the building up of your Kingdom of justice, peace and love here on earth.

Most Sacred Heart of Jesus, I place all my trust in you. Amen

