

# St. Mary's, Inverness

30 Huntly Street, Inverness, IV3 5PR.

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We invite you to  
**WATCH ONLINE**  
Mass from St Mary's  
[www.stmarysinverness.co.uk](http://www.stmarysinverness.co.uk)

## The Parish Bulletin

28 June 2020

St Peter and St Paul

### Mass Readings.

1<sup>st</sup> Reading: Act 12: 1-11

Psalm: 33: 2-9

2<sup>nd</sup> Reading: 2 Timothy 4: 6-8,17-18

Gospel: Matthew 16: 13-19

Date	Details	Private Mass	Time
Sunday 28 June	ST PETER AND ST PAUL	Parish Mass Online Private.	Fr. Dominic Fr. James 11.00 12.00
Monday 29 June	13 <sup>th</sup> Week of the Year	Parish Masses Private.	Fr. Dominic Fr. James 09.30 18.00
Tuesday 30 June	Memorial of the First Martyrs of the Holy Roman Church	Parish Masses Private.	Fr. Dominic Fr. James 09.30 12.30
Wednesday 1 July	13 <sup>th</sup> Week of the Year CHURCH OPEN 17.30-18.30	Parish Masses Private. PRIVATE PRAYER	Fr. Dominic Fr. James 09.30 12.30 17.30
Thursday 2 July	13 <sup>th</sup> Week of the Year	Parish Masses Private	Fr. Dominic Fr. James 09.30 12.30
Friday 3 July	St Thomas CHURCH OPEN 12.00-13.00	Parish Masses Private. PRIVATE PRAYER	Fr. Dominic Fr. James 09.30 12.30 12.00
Saturday 4 July	Memorial of St Elizabeth of Portugal	Parish Masses Private.	Fr. Dominic Fr. James 09.30 11.00
Sunday 5 July	14 <sup>TH</sup> SUNDAY OF THE YEAR CHURCH OPEN 16.00-17.00	Parish Mass Online Private. PRIVATE PRAYER	Fr. James Fr. Dominic 11.00 12.00 16.00

### An Act of Spiritual Communion

My Jesus,

I believe that You are present in the Most Holy Sacrament.

I love You above all things,

and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally,

come at least spiritually into my heart.

I embrace You as if You were already there

and unite myself wholly to You.

Never permit me to be separated from You.

Amen.

~~ From Fr James ~~

Dear parishioners and friends of St Mary's,

Greetings, and some good news, but regrettably circumscribed by necessary restrictions.

The Churches **are now open for private prayer** with effect from Mon 22 June, **provided** that all safety measures are in place.

It is clear from the survey undertaken recently (and by the very large number of non-respondents) that there is not a great demand for St Mary's to be opened, for what might be a small number of people. People are quite genuinely apprehensive about the risk of infection. Also, there has not been a substantial response, so far, in the number of volunteers to be 'supervising attendants' with responsibility for hygiene and disinfection, nor for pass-keepers and others in the ministry of welcome.

To that end, and after discussion with colleagues, it has been decided that **St Mary's will be open for private and personal prayer** and exposition **only on:**

**Wednesday 1 July from 1730 until 1830,**

**Friday 3 July from 1200 until 1300.**

**Sunday 5 July from 1600 until 1700**

The Church has been deep cleaned and disinfected by the small number of volunteers last Saturday morning [20 June] in a closed church. There is much work to be completed before St Mary's will be ready to be opened, and our opening times will be restricted by the availability of cleaning teams and other supervisory volunteers.

There is restricted space within the Church. Today several of us allocated seating areas within the nave. Given the restrictions of social distancing there will be SIXTEEN seating spaces. If a small group [THREE] from the same household sit together in these locations this would give a maximum seating capacity of FORTY EIGHT. Strangers may not sit together. A group of THREE is the largest that will allow for social distancing.

Entry and exit will be by the main door, the front porch is divided by a partition, and on entry, by the left, those attending will, keeping social distance, enter the vestibule to the left of the porch. This will be the cleaning and disinfecting station [supervised]. Every visitor will be required to have face cover that prevents exhalation, from the nose or mouth, into the atmosphere. Face masks will be

available if required [these will cost FIFTY PENCE]. Everyone entering the Church must have effective face covering- nothing 'token' will be acceptable.

There will be NO entrance/exit at the back door. The extension area is excluded from the seating arrangements. Entrance and exit by the front door only, from Huntly Street.

Visitors will be shown to a seating area. When leaving the Church, the route is to the front following the guide-lines. and turning at the font to enter the War Memorial corridor, thence to the rear of the Church, and **exit as directed** by the left of the main door. There will be a cleansing station at the door.

Visitors should not touch statues or any other aspect of the Church. Seating areas will be cleaned and disinfected between visitors. There is no provision for the lighting of candles. There is no entrance to the sanctuary area which is roped off from the font to the pulpit.

**Collections and donations** these may be placed in the standing collection box at the back of the church.

The WC/Lavatory is for emergency use. Visitors are requested to take appropriate measures before attending the Church. There is not a sufficiently large cleaning staff available to maintain the WC facilities.

If anyone would like to volunteer for being a 'cleaner', 'supervisory attendant', pass-keeper, then please let PJ in the Office know as soon as possible, and the registration of 'volunteers' can take place.

There will be further up-dates as the situation changes, in respect of the number of 'volunteers', and the pattern of attendance.

I hope that everyone will continue to stay safe, protect each other, and continue instantly in prayer for an end to this present pandemic. It is still there, and everyone is vulnerable; but, we can take hope from these initial measures, and make progress slowly and safely. No-one is under any pressure to volunteer and everyone is encouraged to remain patient and understanding yet persevering in faith and making use of all the means of grace available to us through the internet, television, radio and books. 'Every day, encourage one another', a telephone call helps.

aye

Fr James

## St Joseph: The Icon of his Annunciation

As you may recall a benefactor within the Parish, who wishes to remain anonymous, made a donation to provide for enhancement of the Statue of St Joseph at the west end of the Church. The statue has been cleaned and the surrounding area re-painted, and appropriate lighting renewed.

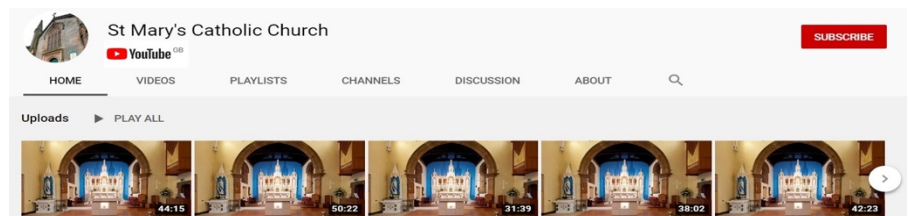


To complete the wishes of the donor, a new Icon was commissioned which has been written by our own parishioner Jay Jay Gladwin, who has been generous with her time and prayerful skills. The Icon is now fixed on the wall beside the Sacristy door, and it depicts the reassurance given to Joseph in a dream - this message of Gabriel is called the Annunciation to Joseph.

It is in convenient place in the extension so that the children from St Joseph's Primary School may see it on their way in and out of the Church.

Like the other Icons in the Church, the stained glass windows, the statues and art work these are all aids to devotion and useful as visual aids in teaching us all about our Catholic Faith.

## YOUTUBE CHANNEL:



We have a Parish **YOUTUBE Channel (St Mary's Catholic Church)**, but in order to live-stream we need to increase the number of parishioner subscribers. YouTube Channel at [https://www.youtube.com/channel/UCUFLV\\_B7MHKXkmeX0X7NhUA](https://www.youtube.com/channel/UCUFLV_B7MHKXkmeX0X7NhUA)

## FACEBOOK:



Also we have a Parish **Facebook Page (St Mary's Roman Catholic Church)**

We would like to invite you to our official **St Mary's Roman Catholic Church** Facebook page at <https://www.facebook.com/StMarysChurchInverness> and like it if you haven't already done so. Leave a message, comment on the posts, leave us a feedback. Your presence would be very much appreciated and mean so much to us. And if you like what you see from time to time, do consider sharing our posts and telling your friends about St Mary's Church. Please speak to PJ about this if you would like further advice. Thank you for being our supporters.

## ~PARISH FINANCES~

Following receipt of our bank statement for May, we are now able to provide an update of our present financial situation. This is the No.1 working account, the No.2 account is money held for specific purposes and cannot be used for any other purpose.

<b>Balance as of 30/04/20</b>	<b>1,640.53</b>
<b><u>Income</u></b>	
<b>Total Income</b>	<b><u>15,190.58</u></b>
<b><u>Expenditure</u></b>	
<b>Total Expenditure</b>	<b><u>7,142.44</u></b>
<b>Balance as of 29/05/20.</b>	<b>9,688.67</b>

**Grateful thanks to all who have sent in their offertory envelopes and Cash Donations over the past few weeks to help us maintain our finances. These are much appreciated**

**A further update regarding the Parish finances will be given after the receipt of the June bank statement.**

**As you can see we have received all our gift aid tax rebates on our 2019/20 claim, this includes £7,418.55 from Gift aid envelopes and Gift aided direct debits and standing orders along with £2,000 from the Small gift aid donation scheme, which is the maximum we can receive annually from Sunday cash collections. This is vital income to the Parish, every year but especially in these difficult times for the Parish, financially. We are extremely grateful to all who participate in the Gift Aid scheme. If you are a UK taxpayer and have not yet considered helping the Parish in this way, we ask that you think about signing up to this scheme. It costs you nothing, but the Parish receives 25p for every £1 you contribute, no matter how small your contribution. If you wish details of the Gift Aid scheme please contact the Parish Office.**

**Your ongoing gifts and donations are essential to the Parish during these difficult times. Many thanks for your generosity.**

**Please consider creating a Regular Standing Order or Direct Debit. This is the easiest way of maintaining your regular contributions. Information can be obtained from Carol MacLean. Please leave a message with your contact details by contacting Fr. Dominic on the Presbytery telephone number 01463 233519.**

**Please consider making donations to the Fabric Maintenance account (St Mary's Inverness No 2 account).**

**If any of you are in a position to make an increase in your giving, this will be welcomed.**

**Please ensure that all your regular weekly plate offerings are continued. This can be done by sending in a cheque to the Parish office or posting an envelope through the letterbox. Please use the internal letterbox if the outer porch door is open.**

**Please consider Gift Aid for any other giving if you are a U K taxpayer.**

## **St. Vincent de Paul Society (SVDP).**

Requests for assistance and support can be made by contacting Mark Jones in confidence or any SVDP member.

Mobile number: **07988 670 997**

Visit [www.ssvpscotland.com](http://www.ssvpscotland.com)

## **Magdalena Bargiel MPsych. Person - Centred Counsellor MBACP. MCOSCA. MBPsS. MPPA**

I offer you a safe space to talk, to be heard and support you to build healthier relationships with self and others. I provide counselling in Polish and English I offer. Contact:

[magdalenabargiel.counselling@gmail.com](mailto:magdalenabargiel.counselling@gmail.com)  
or 07858129725.

## **Black Isle Garden – Market**

One of our Parishioners, Jay Jay Gladwin from Old Allangrange is selling Produce and Young Plants direct from the farm at present. All the produce is grown organically and the animals on the farm spend their whole lives there and are fed on the spent grain from the brewery. Each week what is produced will change slightly but this is what they have for sale at the moment.

**Produce:** Beef, Lamb, Spinach, Salad greens, Lettuces, Rocket, Potatoes and all sorts of different Herbs and of course Beer.

**Young plants:** curly kale, brussel sprouts, calabrese, salad greens, tomatoes, chills, courgettes, runner beans, french beans, mizuna, all sorts of different herbs and seed potatoes.

If people would like to contact Jay Jay directly they can do so through this email address: [blackislegardendesign.com](http://blackislegardendesign.com)

## **FACE MASKS**

One of our parishioners is spending her time during lockdown making non-medical face masks. They are made from 3 layers of washable cotton fabric, designed to fit over nose and mouth, various colours and designs are available. She is happy to let parishioners have them in return for a donation to St Mary's Church funds. She will have a collection box ready for donations. Please phone 07899856931 first to make sure of availability.

## **HIGHLAND FOODBANK**

Your donations help to provide emergency food and support to local people in crisis. Highland Foodbank is very busy just now, feeding an average of 30 people on a daily basis in the Inverness & Nairn areas alone. We are keeping in line with our normal practice of receiving referrals from partnering agencies for people who are in financial crisis and have no food, nor money to buy any. I've had a number of calls and emails asking what individuals and congregations can do to support Foodbank at this time, when people aren't able to donate their usual food items on a Sunday.

With normal drop off points in communities not being available, people not wishing to visit the supermarket too frequently to purchase donations and the current unavailability of some products we are suggesting that if people would like to continue to donate to Highland Foodbank, they can do so financially, no matter how small the amount. This can be done through bank transfer, cheque (made payable to Blythswood Care, with a covering note to say that it is for Highland Foodbank) or via the Blythswood Care website. Cheques should be posted to the address below, and if anyone would like to do a bank transfer they can give us a call on either number below and we will let them have our account number and sort code. This money will be in lieu of food.

## A NEW BUT ALSO OLD PILGRIMAGE ROUTE

The Caithness Book Club boasts all of six regular members at its monthly meetings in St Anne's church hall, Thurso. One of its books was 'Together in Christ: Following the Northern Saints' by John Woodside. From this developed 'The Northern Saints Trails', listing 33 names and 32 sites linked to these names. The sites were organised into six circular routes, four starting in Thurso and two in Wick. For more information, see

[www.wickstferguschurch.org.uk/page16](http://www.wickstferguschurch.org.uk/page16) .

While doing the research for the Saints Trails, the group realised that there was enough historical evidence to re-create the medieval pilgrimage route linking the shrines of St Duthac in Tain and St Magnus in Kirkwall. So a second project was born. Much of the background work has been done and we are now planning some public events in the hope that this will encourage more people to come forward with offers of practical help and local folklore about the sites along the route.

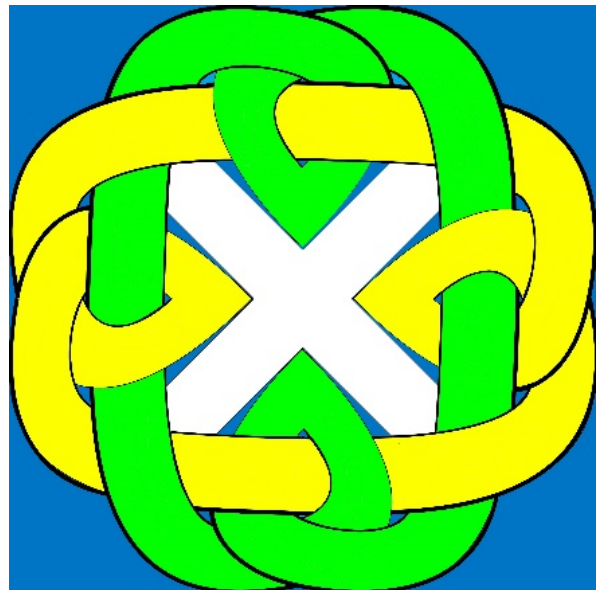
We are launching this stage of the project with a 'Pilgrimage Event' in Tain on 29th May 2021. There will be an ecumenical service in St Duthac's chapel followed by refreshments and information on the Northern Pilgrims' Way. Similar events will take place in Old St Peter's Kirk, Thurso on 3rd July 2021 and in St Magnus Cathedral, Kirkwall on 20th August 2021

The Symbolism of our logo:

The central cross is from the St Andrew's cross on the Scottish flag.

The two lines represent the two saints – Duthac and Magnus

The pointed curves are copied from the Ulbster Stone, a Celtic carved stone originally at the site of an early chapel dedicated to St Martin at Ulbster, on our Braid Three and the John o' Groat's Trail. The site is now marked by a mausoleum.



~~FOR YOUR PRAYERS~~

+ Sick +

+ Christopher Brown + Mary Cumming + Kate Fraser + George Taylor + Maureen Rattray +  
+ Florian Alvaran + Ian Cameron + Leslie Allan + Evelyn Farry + Catherine Stewart +  
+ Louise Hendry + Hilary Smith + Mary Grant + Leslie Murray + Sabrina MacAllen +  
+ James Connelly + Ruth & John Huggett + Louise Bestau + Emmy MacNicol +  
+ Claude & Hilary Hayward + Patrick Daniel Finnerty + Joyce Connelly + Margaret Carr +  
+ Margaret Dow + Ann Cameron + Stewart MacLennan + Alexandra (Sandra ) MacDonald +  
+ Isobel Kelly + Winifred Kelly + Margaret Harrison + Roddy Corbett +  
+ Tommy Robertson + Brian Lamond + Hazel Collins + Lynne Williams +  
+ Tom Gillan + Marjory Trace + Ian Mackenzie + Rena Mackintosh +  
+ Marion MacRae + John Daniel Peteranna + Mary Macdonald + Anthony Grady +  
+ Marvia McCulloch + Dale Swanson +

+ Anniversaries +

+ Peter Macintyre + Mary Alexandra Macinnes + Peter McCulloch + Jessie Proudfoot +  
+ Sarah McSloy + James McQuade + Sr MaryEditt Chiamara Onyekwe + Mary MacKay +  
+ Avis Mercer + Joseph Gunn + Jan Yunker + Stephen Tinney + Mary Glass +  
+ William Fox + Mona McCulloch + Mary Gordon +

+ R.I.P. +

+ Margaret (Rita) Regan +

**Let us begin anew from the numerous examples of generous, freely-given love, which in these months have shown us how much closeness, care, and sacrifice are needed to nourish fraternity and civil coexistence. In this way, we will emerge from this crisis stronger.**

Pope Francis – Pontifex Twitter





**~~SICK OR HOSPITAL VISITS~~**

Please contact the parish office if you require a visit or know of anyone who is sick, and housebound or in hospital and wishes a visit and or Holy Communion.

**Sacrament of Reconciliation  
Sacrament of Baptism  
Weddings**

Due to Government restrictions at present, we are unable to participate in these Sacraments at Present.

**Please continue to pray for  
vocations to the Priesthood;  
and for our Seminarians  
Malachy Eze, Christopher Doig  
Aidan Matheson**

**WORDS OF ST FAUSTINA**

When, during confession, I sensed uncertainty on the part of the priest, I do not open my soul to its depths, but only accuse myself of my sins. A priest who is not at peace with himself will not be able to inspire peace in another soul. O priests, you bright candles enlightening human souls, let your brightness never be dimmed. I understood that at that time it was not God's will that I uncover my soul completely. Later on, God did give me this grace.

**DIARY: 75.**

**~~CONTACT DETAILS~~**

<b>Fr. James Bell</b>	Parish Priest	01463 233519
<b>Fr. Andrew Niski</b>	Priest for Polish Community	01463 233519
<b>Fr. Dominic Nwaigwe</b>	Assistant Priest	01463 233519
<b>Dcn. Patrick Darbyshire</b>	Parish Deacon & Prison Chaplain	01463 233519
<b>PJ Faferek</b>	Parish Office	01463 233519
<b>Carol MacLean</b>	Finance & Gift Aid Organiser	01463 233519
<b>Stephen Dunphy</b>	Safeguarding Officer	01463 233519
<b>Daughters of Divine Love Convent (Sr. Grace)</b>		01463 718690
<b>St Joseph's Primary School</b>		01463 231837

**As Father James remains at home in Edderton, during the Government restrictions he can be contacted by;**

**Telephone: 07841758409 or by email: [jassbell@btinternet](mailto:jassbell@btinternet)**